

# What is Audit and how do you do it?

STANDARDS GUIDE HOW YOU KEEP YOUR RESIDENTS SAFE, AND AUDIT IS ABOUT CHECKING YOU ARE FOLLOWING THEM.

Hand washing, is an example of what standard is expected from you when you are caring for your residents. Audit is a way of measuring if you are practicing safely and consistently. This is set within the Code of Practice for the Prevention of Health Care Associated Infection. Part of the Health and Social Care Act 2008. An Act means it is Lawful.

**Audit tools** are what you use to monitor and check you are doing things right. You audit hand washing technique to make sure staff are washing their hands properly, using **Ayliffe** technique by observing them in practice, or asking them to wash their hands to demonstrate the technique is correct.



## Staff need to be Bare below the Elbow

No watches, wrist jewellery or stoned rings

No nail extension or nail varnish.

Cover cuts and abrasions with water proof plasters

Sleeves should be short, or rolled up during clinical work.

Water first  
Soap and lather well  
Backs of hands  
Interlock fingers  
Finger tips  
Thumbs  
Palm of hands  
Wrists  
Rinse and dry.



## We have sent out audit tools to assist with the various audits you are now required to do.

**Mattress audits once a month.**

**Hand hygiene audits once a month, you only need to observe 3 or 4 members of staff randomly and record on the audit tool. You need to have been trained in hand washing technique.**

**Medical device audit tools, to ensure all your equipment is being cleaned and inspected after use, particularly if they are used communally.**

**REMEMBER Everyone should contribute to audit and monitoring.**

Ensure your residents wash their hands  
Before eating  
After toileting  
Keep nails short.