



NHS St Helens CCG

Prospectus



NHS St Helens CCG is the NHS organisation responsible for commissioning health services on behalf of the more than 190,000 population of St Helens and others who need emergency care whilst in the area.

The geographical area covered by the CCG is coterminous with the local authority boundary of St Helens Council, which covers the main town of St Helens as well as the surrounding parishes of Newton-le-Willows, Earlestown, Haydock, Rainhill, Eccleston, Clock Face, Billinge and Rainford.

The CCG is clinically-led by GPs and other healthcare professionals. We are a membership organisation that represents the 34 GP practices across the St Helens area, which means that all our local GP practices have a say in the running and commissioning of our services. Additionally, each clinical workstream, such as urgent care, has a nominated GP lead. There are also regular meetings with GPs, practice managers and practice nurses.

Patients and the public have much more influence over what kind of health services should be available locally and there will be greater opportunities for holding to account local services that are not performing well. They are heavily involved in decision making via health forums and engagement events.



This diagram illustrates the workings of NHS St Helens CCG

Vision and Values

The vision of NHS St Helens CCG (which we share with key partners) is to: **'Improve people's lives in St Helens, together by tackling the challenge of cost of demand.'**

In order to deliver this vision we work with our partners, providers and local population to deliver a model of health care commissioning which puts clinicians and patients at the forefront of service design, review and quality.

Our purpose is ...

- To commission safe, responsive and effective healthcare for the population of St Helens.
- To improve the health and wellbeing of the population of St Helens and reduce health in-equalities.
- To spend the healthcare budget in a fair and transparent manner to meets the needs of the population

We have four aims ...

- Improving Outcomes – We will focus on improving outcomes for patients and communities, developing a health economy where supply is tailored to meet the needs and priorities of the population.
- Empowering Patients – We will promote shared approaches to care, giving patients the power to shape their own healthcare and promote self-care and prevention.
- Using Evidenced Based Practice – We will use an evidenced based approach to assessing needs, designing services and monitoring outcomes.
- Sustainability – A commitment to the sustainable and effective use of resources.

Our Values

Our values draw on the NHS values embodied in the NHS Constitution and in the founding principles of the NHS. They have been created and agreed by us and are becoming 'live' within the organisation.

Integrity

We will:

- Be honest and transparent when making difficult decisions;
- Always aim to do the right thing by the people in St Helens;
- Treat everyone fairly.

Compassion and Respect

We will:

- Show care and compassion to all people;
- Find time for our staff, patients and the public, without waiting to be asked;
- Value every patient and member of staff.

Working Together

We will:

- Aim for better connected health and social care;
- Work differently to improve integration;
- Involve our staff and the people of St Helens;
- Work collaboratively across team and organisations;
- Work together to constantly improve health and social care in St Helens.

Making a Difference Every Day

We will:

- Improve the lives of people in St Helens;
- Learn from everything we do;
- Constantly seek to be innovative and improve;
- Engage with staff and people in St Helens and use this to drive improvement.

How we are governed

In St Helens we have a strong experienced clinically led CCG which includes a qualified nurse as our Clinical Accountable Officer. Each of our 34 practices contributes to the planning of service delivery across the Borough. This includes clinical Governing Body members as well as clinical pathway leads. A prime focus of our Governing Body members is

to gather and use the everyday insight and experience from general practice and ensure it is integral in the decision making process.

NHS St Helens CCG includes the following additional expertise in its governance/decision making committee structures:

- Chief Finance Officer
- Chief Nurse
- Secondary Care Consultant
- Executive Nurse with secondary care experience
- Director of People's Services
- Director of Public Health
- Lay Chair
- 2 x additional Lay members – Patient and Public Involvement and Audit & Governance

Geoffrey Appleton is the Lay Chair and Professor Sarah O'Brien is the Clinical Accountable Officer.

The senior management team includes: Director of Performance & Commissioning / Deputy Chief Officer; Deputy Chief Finance Officer; Associate Director of Contracting; Associate Director of Corporate Governance; Associate Director of Commissioning and Associate Director of Primary Care; and Head of Medicines Management;

Our Locality

Health has improved over the last decade. People in St Helens are living an average of five years longer than they were a decade ago.

Factors contributing to the overall improvements in health include:

Reductions in:

- Deaths from heart disease and cancers.
- The number of adults who smoke.
- Childhood obesity levels.

Improvements in:

- Diagnosis and management of common health conditions such as heart disease, stroke, diabetes and respiratory diseases.
- Detection and treatment of cancers.
- Alcohol intervention services

Increases in:

- The percentage of children and older people having their vaccinations and immunisations.

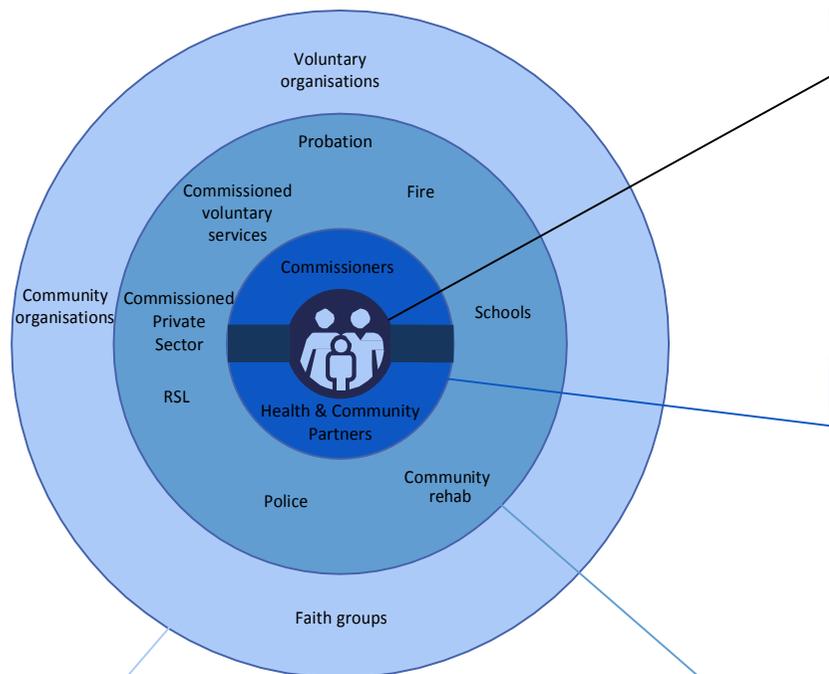
Our local population

Although health has improved within St Helens over the past decade, people in the Borough still do not live as long as the national average. There are high levels of mortality of the over 65's, as well as high prevalence of long term conditions, dementia and mental health conditions. There are also variations on life expectancy between differing wards, which can be up to 12 years.

There is a strong link between health and wider social, economic and environmental factors. In St Helens a significant proportion of the population live within the 20% most deprived areas in the country inevitably this has an impact on the health status of our population.

In response to these challenges organisations within St Helens (including the CCG) are coming together to manage the issues of outcomes for people and the challenge of cost and demand. A Local Care System, 'St.Helens Cares', is in development in order to try and ensure local sustainability of the health and social care system.

The diagram on the next page illustrates how the system will be implemented.



Centred around the individual and communities
 The Local Care Management System (LCS) will encourage and promote self care and individual resilience. However, some people will need short or long term intensive support and the intention is to deliver this in the most effective way

Full partners
 All the services provided by some partners will fall in the remit of the LCS. Full partners would include commissioners, i.e. the CCG and the council and health providers, including the acute, primary care, community and mental health providers. This would also include services directly provided by the Council, e.g. public health and children and adult social care. Partners will work together to break down unnecessary provider/commissioner barriers.

Underpinning partners
 There will be a number of community groups and networks which provide an essential capability and resource in order to make this work. These would include faith groups, volunteer groups and formal and informal community organisations such as sports clubs.

Other partners
 Some partners will deliver a range services which directly contribute towards the objectives of the LCS, while their primary purpose is not explicitly in the delivery of health and social care, they contribute to and/or are influenced by the health and wellbeing of the population. As such, they will be partially responsible for the outcomes defined by the People’s Board. This would include organisations such as the police; the fire service; schools; commissioned voluntary services; probation; housing providers and registered social landlords; and some providers of social care.

Town Centre Transformation Plans

There are also ambitious plans to transform the town centre with a combination of public and private funding. This would provide a quality day and evening hub for family entertainment, shopping, food and drink; a nationally recognised centre for culture and the arts; an attractive, flexible public space, suitable for events and for people to spend time in and an accessible, modern and affordable place to live.

NHS Cheshire and Merseyside (formally the Sustainability and Transformation Plan)

The NHS Cheshire and Merseyside plan sets out how the health and care system can remain fit for the future and respond successfully to the growing demands that are being placed on it, alongside ambitious ideas to improve the health of people living and working in the region.

It sets out a shared core purpose to ensure that the people of Merseyside and Cheshire become healthier than they are now and can continue to have access to safe, good quality and sustainable services.

The plan represents the thoughts and ambitions of more than 30 different organisations serving a population of over 2.5 million people. The next stage will refine the ideas further, through engagement with local communities, the NHS workforce and other stakeholders such as local councils and the voluntary sector.



How services are delivered

Healthcare services are commissioned from a wide range of providers. The following are contracted to provide NHS service in the St Helens area:

34 general practices

21 dentistry practices

16 optometry practices

48 community pharmacies

These contracts are held by NHS England with the exception of general practice, which transferred to CCG responsibility on 1st April 2015.

In Merseyside, the CCGs have agreed that one CCG will act as co-ordinating commissioner for each of the NHS provider trusts; this is normally the CCG which accounts for the largest proportion of commissioned activity from that trust. The main NHS provider trusts offering services to St Helens residents are listed below, with the co-ordinating commissioner shown in brackets.

Community services

Bridgewater Community Healthcare NHS Trust (*NHS Halton CCG*)

Hospital services

Warrington and Halton Hospitals NHS Foundation Trust (*NHS Warrington CCG*)

St Helens and Knowsley Teaching Hospitals NHS Trust (*NHS St Helens CCG*), also known locally as Whiston hospital and St Helens hospital.

Mental health services

North West Boroughs Partnership NHS Foundation Trust (*NHS Knowsley CCG*)

Child and Adolescent Mental Health Service (CAMHS) for children and young people up to age 18

Ambulance services

The North West Ambulance Service (NWAS) provides emergency services (*NHS Blackpool CCG*)

Specialised services

Specialised services are commissioned nationally by NHS England. Generally speaking, these are services or procedures which affect fewer than 500 people across England in any year. The Merseyside and Cheshire area has five specialist hospitals

- Alder Hey Children's NHS Foundation Trust
- Liverpool Heart and Chest NHS Foundation Trust
- Liverpool Women's Hospital
- The Walton Centre NHS Trust
- Clatterbridge Centre for Oncology

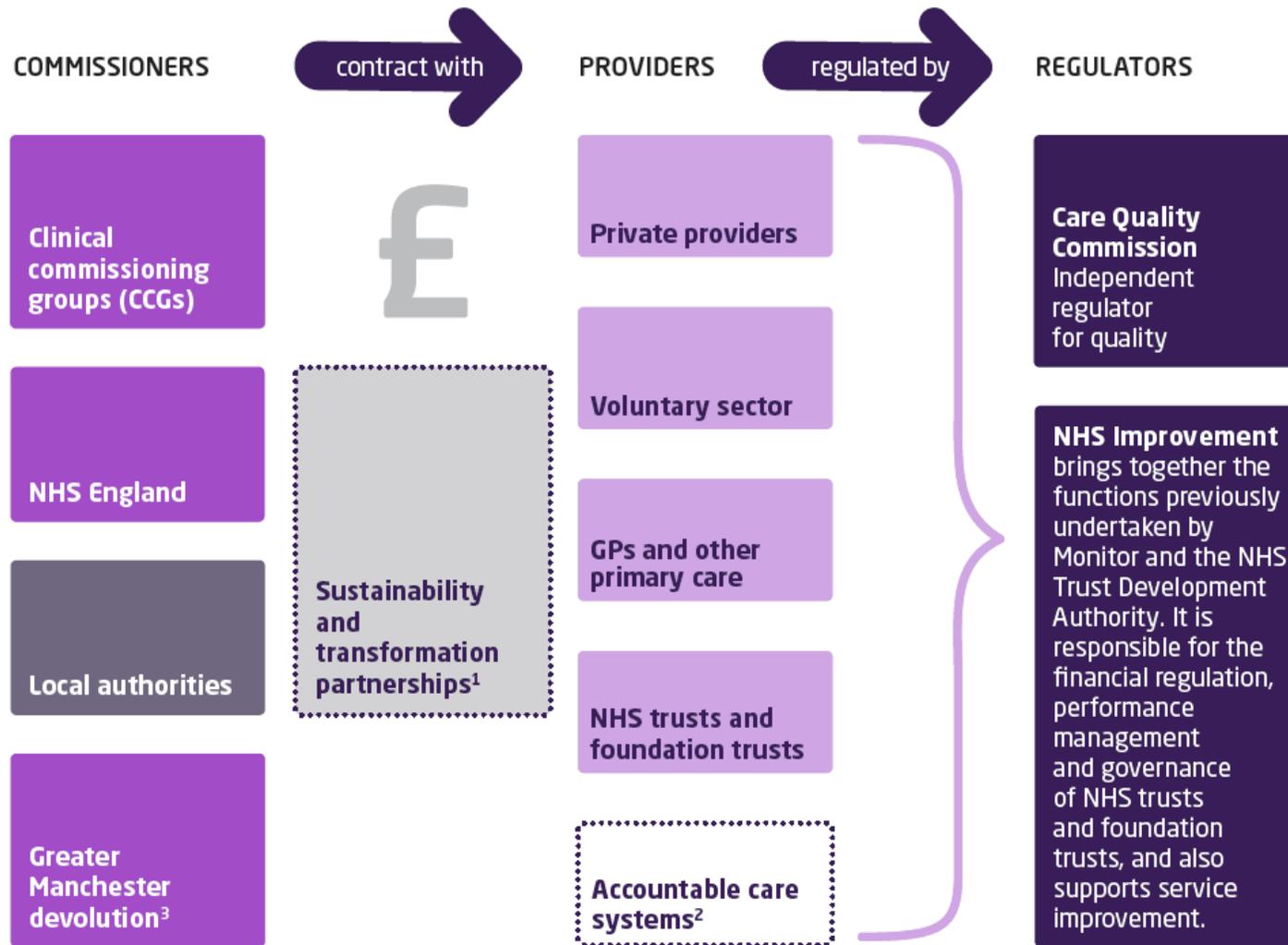
Third sector and commercial providers

Some services are provided by third sector and commercial providers.

Lancashire and Midlands Commissioning Support Unit (CSU)

Commissioning Support Units have been established to provide Clinical Commissioning Groups with a range of professional support services that enable clinical commissioners to focus their clinical expertise and leadership in securing the best outcomes for patients and driving up quality of NHS patient services. Midlands and Lancashire CSU is one of 6 national organisations offering specialist support services including:

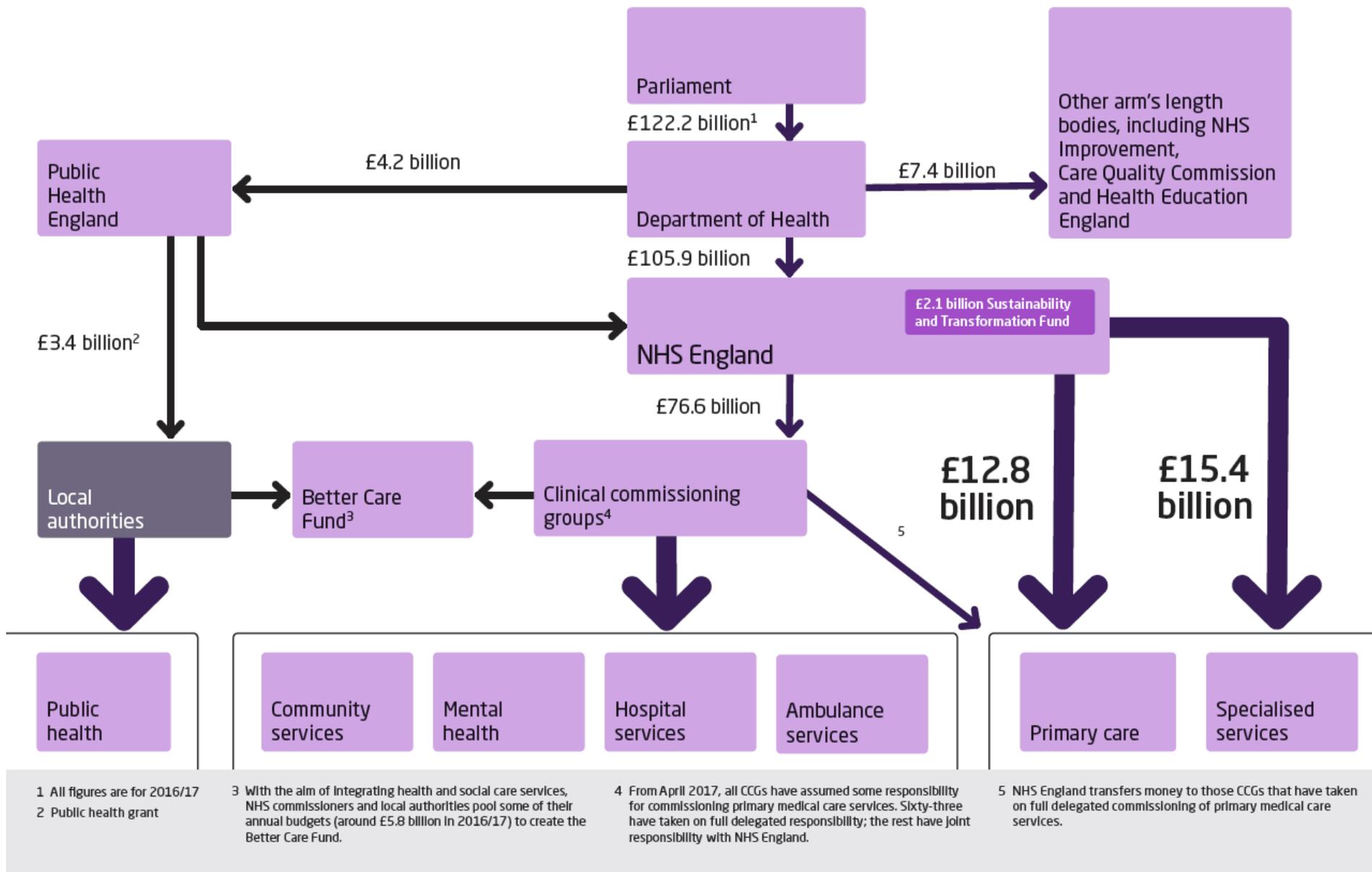
- Contract management and negotiation
- Service transformation and redesign
- Business Intelligence
- Information governance
- Financial management
- HR, Estates, IT
- Healthcare procurement and market management
- Non-clinical purchasing
- Communications and patient engagement
- Bespoke services such as individual funding request management, infection prevention, governance and quality



1 Since December 2015 NHS providers, CCGs, local authorities and other health care services have come together to form 44 STP 'footprints'. These are geographic areas that are co-ordinating health care planning and delivery, covering all areas of NHS spending on services from 2016/17 to 2020/21.

2 From mid-2017, eight areas of England are evolving into accountable care systems. This involves commissioners and providers assuming responsibility for a budget to deliver integrated services for a defined population.

3 From April 2016, leaders in Greater Manchester have taken greater control of the region's health and social care budget. This includes taking on delegated responsibility for several commissioning budgets previously controlled by NHS England. Other areas - including London and parts of Surrey - are also pursuing devolved arrangements.



More information about NHS St Helens CCG is available:

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Twitter: <http://twitter.com/sthelensccg>

Facebook: <https://www.facebook.com/pages/NHS-St-Helens-Clinical-Commissioning-Group/176925742453542?fref=ts>

Diagram on pages 11 and 12 are from the King's Fund