



'ANTT is a specific type of aseptic technique with a unique theory and practice framework (NICE 2012)'.

As practitioners need to ensure that treatments/procedures we undertake does not cause harm to our patients.

Always wash hands effectively
 Never contaminate key parts
 Touch non key parts with confidence
 Take appropriate infective precautions

- Correct **hand hygiene** principles
- **Standardisation** of procedures
- Protect **key parts** at all times during procedure using **non touch technique**



Wound Care (uncomplicated).

for the ANTT practice principles see www.antt.org.uk v2.0

Preparation zone	 <p>1 Clean hands with alcohol hand rub or soap & water</p>	 <p>2 Clean trolley according to local policy</p>	 <p>3 Gather dressing pack & equipment & place on bottom shelf</p>	Patient zone	 <p>4 Apply apron</p>	 <p>5 Open dressing pack & position waste bag</p>	 <p>6 Open equipment onto critical aseptic field using non-touch technique (NTT)</p>
	 <p>7 Apply non-sterile gloves</p>	 <p>8 Place sterilised drape under the wound</p>	 <p>9 Remove dressing, using NTT & dispose of dressing in waste bag</p>		 <p>10 Dispose of gloves</p>	 <p>11 Clean hands with alcohol hand rub or soap & water</p>	 <p>12 Apply sterile or non sterile gloves* & assemble equipment</p>
	 <p>13 Clean wound using NTT</p>	 <p>14 Dress wound using NTT</p>	 <p>15 Dispose of equipment, waste & then gloves</p>		 <p>16 Clean hands with alcohol hand rub or soap & water</p>	 <p>17 Clean trolley according to local policy</p>	 <p>18 Clean hands with alcohol hand rub or soap & water</p>